



Pregnancy & Parenting Meeting for the Community from Burma

These meetings are at the Martin Luther King Jr. Library at 9898 E. Colfax Ave., Aurora
Use Colfax bus #15 and go to Colfax and Dayton

Date: Thursday, September 17th Time: 9am—11am

Date: Thursday, October 15th Time: 9am—11am

Come meet with other parents in a safe and friendly environment and learn about pregnancy and parenting in the United States. The groups will have information on:

- Infant Safety - covering topics such as choking hazards, medication hazards, second hand smoke, SIDS, and home safety.
- Nutrition – covering topics such as eating balanced meals, portion sizes, vitamins / supplements and healthy snacking.

We will have snacks, interpreters and bus tickets.



There is NO cost to participate



Metro Community Provider Network

Contact: Georgiana 303-360-6276 Ext 2209



Original Aurora Community Integration Collaborative